

Upcoming Workplace Health & Safety Training Sessions

January 2017



Public Services Health & Safety Association (PSHSA) works with Ontario's Public and Broader Public Sector employers and workers, providing occupational health and safety training, resources and consulting to reduce workplace risks and prevent occupational injuries and illnesses. These are just a few of the sessions we have coming up.

New From PSHSA

Inclement Weather Notices

Given the unpredictable nature of winter weather, PSHSA has created an Inclement Weather Notice on our website, where we will provide updates on the status of training courses in the event of inclement weather.

Click [here](#) to see the status of your course. The link is also available at the top of our website.

Building a PTSD Prevention Plan

Webinar

On April 23, 2017 organizations within the first responder community are being asked to submit their PTSD Prevention Plans to the Minister of Labour. PSHSA will be hosting webinars on how to create a PTSD prevention plan for your organization. This webinar will help organizations prepare for this by providing information about:

#FIRSTRESPONDERSFIRST

- Ontario's PTSD Prevention Strategy
- The PTSD Prevention Framework and firstresponderfirst.ca toolkit and resources available to help you build a plan
- Components of a PTSD Prevention Plan

Webinars will be running on the following dates:

[January 13, 2017](#)

[January 27, 2017](#)

[January 20, 2017](#)

[February 3, 2017](#)

The webinars are \$20 per person/organization, and will run from 9:00am-10:30am.

For more information and resources, go to www.firstrespondersfirst.ca.

Building a PTSD Prevention Community of Practice Workshop

Come to a one-day workshop where you will be able to work with a PSHSA expert to develop a basic PTSD Prevention Plan. This workshop will help you establish your organizational goals, roles and responsibilities. It will also help you identify the mechanisms you will use to recognize exposures, understand intervention options and establish crisis intervention management process. At the end of this session, you will have draft policies and procedures as well as key messages for communications plan.



This workshop is applicable to Emergency Services, and is \$150/per organization with 2 people max.

Upcoming sessions:

Sault St. Marie: [January 30, 2017](#)

Orillia: [February 16, 2017](#)

Sudbury: [February 1, 2017](#)

Chatham: [February 22, 2017](#)

Kitchener: [February 9, 2017](#)

Thunder Bay: [February 23, 2017](#)

Toronto: [February 10, 2017](#)

Kingston: [February 24, 2017](#)

For more information and resources, go to www.firstrespondersfirst.ca.

If you have questions about the workshops, or your prevention plan, contact PTSDPlanInfo@pshsa.ca.

Fatigue Awareness Classroom Training

Fatigue has the ability to affect a person both mentally and physically. Fatigue increases the chances of making errors at work, therefore making it a workplace health and safety risk.

Applicable to any sector, this awareness course aims to provide a better understanding of fatigue and the importance of sleep. Those who take the course will gain a comprehensive perspective on the risks associated with fatigue and the intervention and prevention strategies that can be implemented.



The course is \$150.00 pp for onsite or regional sessions, and runs for 1.5 hours.

This course will be available on our website on January 31.

General Courses

JHSC Certification Part 1 Blended Training Program

Appropriate for all sectors, this program is the first part of the training process for individuals to be certified under guidelines established and enforced by the Ministry of Labour. Workplaces that regularly have 20 or more employees must have at least two personnel that have completed the certification training.

Upon completion, participants will understand the relevant legislation, their legal rights and responsibilities, common workplace hazards and key steps to addressing these hazards.



At the end participants will:

1. Understand relevant legislation.
2. Understand their legal rights and responsibilities.
3. Learn about common workplace hazards.
4. Learn key steps to addressing these hazards.

London: [January 26, 2017](#)

Hamilton: [February 14, 2017](#)

Etobicoke: [February 1, 2017](#)

Ottawa: [February 15, 2017](#)

Toronto: [February 13, 2017](#)

JHSC Certification Part 1

Classroom Training Program

This program is the first part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Minister of Labour.

Appropriate for all sectors, this 3-day program assists JHSC members with issues particular to their work environment. Management and worker members receive training in the significant hazards found in their workplace.

At the end participants will:

1. Understand relevant legislation.
2. Understand their legal rights and responsibilities.
3. Learn about common workplace hazards.
4. Learn key steps to addressing these hazards.



Waterloo: [February 1, 2017](#)

Norwood: [February 14, 2017](#)

Essex: [February 6, 2017](#)

Etobicoke: [February 21, 2017](#)

London: [February 8, 2017](#)

Kitchener: [February 22, 2017](#)

Barrie: [February 14, 2017](#)

JHSC Certification Part 2

General Workplace Specific Hazards Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

This program assists JHSC members with issues particular to their work environment. Management and worker members receive training in the significant hazards found in their workplace.

At the end participants will be able to:

1. Identify the hazards commonly found in educational and cultural settings
2. Describe how they may cause injury or illness
3. Effectively recognize and assess these sector specific hazards
4. Outline methods for controlling them

Participants will also learn about relevant legislation, standards and guidelines.



North Bay: [January 24, 2017](#)

Hanover: [February 15, 2017](#)

Mississauga: [February 13, 2017](#)

Working at Heights Training Program

Blended

The Working at Heights Blended Training program is made up of two parts:

1. Working at Heights Basic Theory eLearning Module (3 hours)
2. Working at Heights Practical Classroom Module + Evaluation (1/2 Day - 1 Day depending on # of participants)

The program includes information about how to work at heights safely, as well as practical application of skills.

Upon completion, you will know the hazards, how to protect yourself and ensures you know how to properly use, inspect, don and doff your equipment.

This training is applicable to all employees at all levels across all sectors whom work at heights.

London: [February 2, 2017](#)

Toronto: [February 22, 2017](#)



Working at Heights Training Program

Traditional Classroom

This full day program includes information about how to work at heights safely, as well as practical application of skills.

Upon completion, you will know the hazards, how to protect yourself and ensure you know how to properly use, inspect, don and doff your equipment.

This training is applicable to all employees at all levels across all sectors whom work at heights.

Chatham: [February 9, 2017](#)

Markdale: [February 28, 2017](#)



Health and Community

JHSC Certification Part 1

Classroom Training Program

Emergency Workers

This program is the first part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Ministry of Labour. Workplaces with 20 or more regular employees must have at least two personnel who have completed the certification training.

Upon completion of Certification Part One, participants will understand the relevant legislation as well as their legal rights and responsibilities. Participants will also learn about common workplace hazards and key steps to addressing these hazards. This knowledge will prepare participants to carry out workplace inspections and accident investigations, and enable them to function effectively as JHSC members.

This course is suitable for workers in the Emergency Services sectors: Police, Fire, and EMS.

Newmarket: [February 6, 2017](#)



JHSC Certification Part 2

Health and Community Care Sector Specific Hazards Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

The course is the second part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Ministry of Labour.

The 2 day course assists JHSC members with issues particular to their work environment. Management and worker members receive training in the significant hazards found in healthcare settings.



At the end participants will be able to:

1. Identify the hazards commonly found in community care and group home settings.
2. Describe how they may cause injury or illness.
3. Effectively recognize and assess these sector specific hazards.
4. Outline methods for controlling them.

Participants will also learn about relevant legislation, standards and guidelines.

Milton: January 30, 2017

Toronto: February 23, 2017

Government, Municipal and Public Safety

JHSC Certification Part 2

Government and Municipalities Sector Specific Hazards Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

The course is the second part of the training process for individuals to be certified under guidelines established and enforced by the Ontario Ministry of Labour.

This 2 day course assists JHSC members with issues particular to government & municipalities' settings. Management and worker members receive training in the significant hazards found in their workplace.



At the end participants will be able to:

1. Identify the hazards commonly found in government & municipalities' settings.
2. Describe how they may cause injury or illness.
3. Effectively recognize and assess these sector specific hazards.
4. Outline methods for controlling them.

Participants will also learn about relevant legislation, standards and guidelines.

Peterborough: January 17, 2017

Fournier: February 8, 2017

Education

JHSC Certification Part 2

Education - Workplace Hazard Specific Training

Prerequisite: Certification Part One Training.

You must take Part One before Part Two, according to the new Training Standard which took effect March 1, 2016.

The program assists JHSC members with issues particular to their work environment. Management and worker members receive training in the significant hazards found in their workplace.



At the end participants will be able to:

1. Identify the hazards commonly found in educational and cultural settings
2. Describe how they may cause injury or illness
3. Effectively recognize and assess these sector specific hazards
4. Outline methods for controlling them

Participants will also learn about relevant legislation, standards and guidelines.

Hamilton: [January 31, 2017](#)

Kitchener: [February 15, 2017](#)

London: [February 1, 2017](#)

Essex: [February 27, 2017](#)

Contact Us

For questions about these courses, contact one of our [Regional Consultants](#).

For General Inquiries: (416) 250-2131

